

DECISION-MAKER:	SCRUTINY INQUIRY PANEL
SUBJECT:	CARER FRIENDLY SOUTHAMPTON – CARERS IDENTIFICATION RIGHTS, RECOGNITION AND SUPPORT
DATE OF DECISION:	26 NOVEMBER 2020
REPORT OF:	DIRECTOR – LEGAL AND BUSINESS OPERATIONS

<u>CONTACT DETAILS</u>			
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STATEMENT OF CONFIDENTIALITY

None

BRIEF SUMMARY

In accordance with the inquiry plan, for the third meeting of the ‘Carer Friendly Southampton Inquiry’ the Panel will be considering issues related to carers identification rights, recognition and support.

RECOMMENDATIONS:

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| | (i) | The Panel is recommended to consider the comments made by the invited guests and use the information provided as evidence in the review. |
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REASONS FOR REPORT RECOMMENDATIONS

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| 1. | To enable the Panel to compile a file of evidence in order to formulate findings and recommendations at the end of the review process. |
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ALTERNATIVE OPTIONS CONSIDERED AND REJECTED
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| 2. | None. |
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DETAIL (Including consultation carried out)
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| 3. | At the inaugural meeting of the inquiry the Panel were provided with an overview of the challenges carers are experiencing, and the commissioning landscape for carers support in Southampton. |
| 4. | At the second meeting the Panel considered issues related to the health, wellbeing and safety of carers. |
| 5. | The third meeting of the inquiry will focus on: <ul style="list-style-type: none"> ○ The role of professionals to identify ○ Self-identity ○ Planning for emergencies |

	<ul style="list-style-type: none"> ○ Access and quality of respite or replacement care, planned and unplanned breaks.
	Identifying carers
6.	Carers UK estimates that 1 in 8 people provide unpaid care in the UK. This would represent about 32,000 unpaid carers in Southampton.
7.	At the 8 October meeting the Panel were informed that in Southampton only 4,068 adult carers were known and 2,428 had been in contact with Carers in Southampton within the past 2 years. The number of young carers (8-18) in touch with the Young Carers Service was 420.
8.	It is a requirement of the Care Act 2014 for local authorities to have due regard to the importance of identifying carers who may have support needs and explain the advice and support available to them.
9.	The NICE Guideline Supporting Adult Carers, published in January 2020, recommends that health and social care practitioners use every opportunity to identify carers, including GP appointments, flu jab appointments, home visits, outpatient appointments, social care and other needs assessments, including admission and discharge assessments and planning meetings. https://www.nice.org.uk/guidance/ng150/chapter/Recommendations#identifying-carers
	Planning for emergencies
10.	Carers UK advises all carers to create an emergency plan for the carer and all those the carer looks after. Having important information in one place could be of immense support and help when needed at a critical time, when time might be limited. It is recommended that the plan is shared with trusted family members or friends and healthcare professionals.
	Respite and replacement care, planned and unplanned breaks
11.	Carers' breaks, which would include respite care, give carers a break by providing short-term care for the person with care needs in their own home or in a residential setting. This can mean a few hours during the day or evening, overnight, or a longer-term break. Carers' breaks may be one-off or more regular arrangements. They can also benefit the person with care needs by giving them the chance to try new activities and meet new people.
12.	The NICE Guideline Supporting Adult Carers states that: <i>'Health and social care practitioners should regularly discuss with carers the value of having a break from their caring role and explain the options available',</i> and that <i>'Carers' breaks should:</i> <ul style="list-style-type: none"> • <i>meet carers' needs for a break, for example in duration, timing, frequency and type of break</i> • <i>be arranged in a way that provides reliable and consistent support to the carer (such as avoiding last-minute changes that could lead to additional stress for the carer).'</i> https://www.nice.org.uk/guidance/ng150/chapter/Recommendations#social-and-community-support-for-carers 1.5.2 & 1.5.3
13.	Replacement care is care that replaces the care normally given by a regular carer. It may be needed either on a planned basis or in an emergency. Replacement care may be offered by the local authority, if the person needing care has had an assessment and is entitled to care and support services, or if the carer is entitled to help. Otherwise, people may have to pay for it.

14.	<p>Good practice outlined in the previously referred to NICE Guideline Supporting Adult Carers recommends that:</p> <p><i>‘Commissioners should ensure that replacement care services are available locally for carers who need to access them to stay in, enter or return to work, education or training, including for those who fund their own support.’</i></p> <p><i>‘Ensure that replacement care is flexible and provides a choice of options to meet all levels of carer need, including for those who care for more than 1 person or who care for over 20 hours a week.’</i></p> <p>https://www.nice.org.uk/guidance/ng150/chapter/Recommendations#helping-carers-stay-in-enter-or-return-to-work-education-and-training 1.4.11 & 1.4.12</p>
15.	<p>To provide a carers perspective on the issues the Panel will once again hear from carers about their experiences related to carers identification rights, recognition and support, including access and quality of respite or replacement care, planned and unplanned breaks.</p>
16.	<p>Following the insight from carers a number of guests have been invited to provide the Panel with information on carers identification rights, recognition and support:</p> <ul style="list-style-type: none"> • Debbie Hustings - Partnership Manager (Carers) Surrey Heartlands Integrated Care System <p>Debbie Hustings has been invited to share with the Panel an overview of how Surrey approaches carers identification rights, recognition and support, including carers’ breaks.</p> <ul style="list-style-type: none"> • Dr Karen Malone – GP, Old Fire Station Surgery <p>Dr Malone has been invited to provide a perspective on the role primary care plays in Southampton to identify carers.</p> <ul style="list-style-type: none"> • Sarah Balchin, - Associate Director Patient Experience, Solent NHS Trust • Dawn Buck - Head of Patient and Public Engagement and Patient Experience, Southern Health NHS Foundation Trust • Ellis Banfield - Head of Experience & Involvement, University Hospital Southampton NHS Foundation Trust <p>Representatives from the NHS providers in Southampton will deliver a joint presentation on the work they are engaged in to improve the identification of carers and the promotion of emergency plans.</p> <ul style="list-style-type: none"> • Sharon Stewart, Head of Service for Adult Social Care & Louise Ryan, Service Manager for Social Well-Being - Southampton City Council <p>Sharon Stewart and Louise Ryan will be outlining how Adult Social Care are supporting the identification of carers in Southampton and the approach to respite or replacement care, planned and unplanned breaks.</p> <p>Representatives from Carers in Southampton and No Limits Young Carers Service will also be in attendance.</p>
17.	<p>The invited guests will take questions from the Panel relating to the evidence provided. Copies of any presentations will be made available to the Panel.</p>

18.	To provide context to the discussion, attached as appendices are a draft of the Surrey Carers Strategy 2021-2024, and examples of good practice related to carers Identification, rights and recognition.
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RESOURCE IMPLICATIONS

Capital/Revenue/Property/Other

19. None

LEGAL IMPLICATIONS

Statutory power to undertake proposals in the report:

20. The duty to undertake overview and scrutiny is set out in Part 1A Section 9 of the Local Government Act 2000.

Other Legal Implications:

21. None

RISK MANAGEMENT IMPLICATIONS

22. None

POLICY FRAMEWORK IMPLICATIONS

23. None

KEY DECISION?	No
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WARDS/COMMUNITIES AFFECTED:	None
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SUPPORTING DOCUMENTATION

Appendices

1. Surrey Carers Strategy - Draft

2. Review of good practice

Documents In Members' Rooms

1. None

Equality Impact Assessment

Do the implications/subject of the report require an Equality and Safety Impact Assessment (ESIA) to be carried out?	No
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Data Protection Impact Assessment

Do the implications/subject of the report require a Data Protection Impact Assessment (DPIA) to be carried out?	No
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Other Background documents available for inspection at:

Title of Background Paper(s)	Relevant Paragraph of the Access to Information Procedure Rules / Schedule 12A allowing document to be Exempt/Confidential (if applicable)
1. None	